

APTAL HAVASI or APTALIKO

The Aptal Havasi is the tune par excellence for a type of Zebekiko known generically as Aptaliko. The Aptaliko is defined by its rhythmic division of the 9/8 Zebekiko meter into a reverse pattern of 3 2 2 2.. As a dance it is performed ;in differant structures and formations , ie. solo, couple or group ~~formation~~ depending on regions and traditions. The dance described below is based on a group version as performed on the island of Mytlini off the west coast of Turkey.

Formation : Dancers not holding hands in a ~~circle~~ ^{full} circle

Meter: 9/8 3 2 2 2 or 2 1 2 2 2

MEAS

BASIC PATTERN

1. Facing ctr: Step L to L (S) Step bk onto R (Q); Step L to R in front of R (S) Step R to R (Q); Step L to R behind R (Q); Step R to R (S).

HOLD

- 1 Step L to L (S); Step bk onto R (Q); Step L to R in front of R (S); Bring R next to L with most of weight still on L, sl bounce from knee (S); Rock bk onto R (S).

FORWARD AND TURN

- 1 Facing ctr: Step L fwd sl diag L (S); Step R fwd sl diag R (Q); Step L fwd (with a sl hop) (S); Rock bk onto R (Q); Rock fwd onto L (Q); Rock bk onto R (S); (can have a quick hop on R).
- 2 Step 1/4 turn L to L (S); Step 1/2 Turn R to L (Q); Step 1/2 turn L to L (S); Step 1/2 turn R to L (Q); Rock onto L (Q); Rock onto L (S).

SQUATS AND TURN

- 1 Step L to L descending into half or full squat (R knee to ground)(S); Jump bk onto R ~~RKX~~ rising up with sl swing of L (Q); Step L to R in front of R (Q); Bring R ft up slapping the heel (Q); Step R sl R (Q); Tap L next to and sl bk of R (Q) swing E close to and in front of R chin(Q) Sl hop on R (Q).
- 2 Step 1/4 turn L to L (S); Step 1/2 turn R to L (Q); Step L to L descending into full or half squat (S); Bounce(S); Bounce and pivot R in squat (S).

presented by Joe Kaloyanides Graziosi